

Southwestern Spice Popcorn Recipe

*Recipe adapted from www.weightwatchers.com

- 🍏 4 cups plain air-popped popcorn
- 🍏 1 spray of cooking spray
- 🍏 1 tsp. chili powder
- 🍏 $\frac{1}{2}$ tsp. ground cumin
- 🍏 $\frac{1}{2}$ tsp. smoked paprika
- 🍏 $\frac{1}{2}$ tsp. salt
- 🍏 $\frac{1}{4}$ tsp. garlic powder

Place the popcorn in a large bowl. Spray with cooking spray and toss well.

In a small bowl, blend together the spices. Sprinkle over the popcorn and toss until well coated.



Ground Cumin