

Greek Spice Popcorn Recipe

*Recipe adapted from www.weightwatchers.com

- 🍏 4 cups plain air-popped popcorn
- 🍏 1 spray of cooking spray
- 🍏 $\frac{1}{2}$ tbsp. dried dill
- 🍏 $\frac{1}{2}$ tbsp. ground lemon peel
- 🍏 $\frac{1}{2}$ tsp. salt
- 🍏 $\frac{1}{2}$ tsp. onion powder

Place the popcorn in a large bowl. Spray with cooking spray and toss well.

In a small bowl, blend together the spices. Sprinkle over the popcorn and toss until well coated.



Fresh Dill Sprigs